

## IVP INSTRUCTIONS

### A.M. IVP (8:00am – 12:00pm)

1. Clear liquids after dinner, evening prior to IVP.
2. Nothing by mouth after 12:00am morning of your IVP.
3. Diabetic patients – please limit your breakfast to just enough to maintain your diabetes the morning of your IVP.
4. Regular morning medications can be taken with a sip of water.
5. If you take Glucophage or Metformin medications of any kind, do not take it for 24 for hours following the IVP.
6. IF YOU ARE PREGNANT OR THINK YOU MAY BE PREGNANT, PLEASE NOTIFY YOUR PHYSICIAN IMMEDIATELY. YOU SHOULD NOT HAVE AN IVP!
7. PLEASE LET YOUR DOCTOR OR NURSE KNOW IF YOU HAVE HAD SHORTNESS OF BREATH OR OTHER ALLERGIC REACTION WITH PRIOR CONTRAST X-RAYS OR IF YOU CANNOT EAT CERTAIN TYPES OF SEAFOOD BECAUSE OF SHORTNESS OF BREATH OR ALLERGIC REACTION.

### P.M. IVP (12:00pm – 4:00pm)

1. You should have a light breakfast and nothing solid until after your IVP. You can drink water up to four hours prior to your IVP, then nothing by mouth.
2. Diabetic patients – please limit your breakfast to just enough to maintain your diabetes the day of your IVP.
3. You may take your normal daily medications. Just follow as closely to the dietary restrictions as possible.
4. If you take Glucophage or Metformin medications of any kind, do not take it for 24 for hours following the IVP.
5. IF YOU ARE PREGNANT OR THINK YOU MAY BE PREGNANT, PLEASE NOTIFY YOUR PHYSICIAN IMMEDIATELY. YOU SHOULD NOT HAVE AN IVP!
6. PLEASE LET YOUR DOCTOR OR NURSE KNOW IF YOU HAVE HAD SHORTNESS OF BREATH OR OTHER ALLERGIC REACTION WITH PRIOR CONTRAST X-RAYS OR IF YOU CANNOT EAT CERTAIN TYPES OF SEAFOOD BECAUSE OF SHORTNESS OF BREATH OR ALLERGIC REACTION.

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