



## Shoals Urological Associates – Hypogonadism Information Form

Please circle your doctor for today's visit:

Michael Yordy, MD

Mark Smith, MD

Kevin Walls, MD

Today's Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Current Primary Care Provider: \_\_\_\_\_

1. Are you here for an evaluation for low testosterone? **Yes / No**
2. Do you experience any of the following symptoms? **(Check all that apply):**
  - Decreased energy.
  - Decreased interest in sex.
  - Hot flushes or sweats.
  - Enlargement of the breast tissues.
  - Low or zero sperm counts on sperm analysis.
  - Loss of height or decreased bone mineral density (osteoporosis).
  - I have experienced none of these symptoms.
  - Trouble with erections.
  - Decrease in testicular size.
  - Breast discomfort or pain.
  - Loss of body hair.
3. In the past 3 months, have you received **ANY** form of testosterone replacement by another prescriber? **Yes / No**  
If yes, what have you received? \_\_\_\_\_
4. Have you ever been diagnosed with male breast cancer? **Yes / No**
5. Have you ever been diagnosed with prostate cancer? **Yes / No**
6. Has any man in your family ever been diagnosed with male breast cancer or prostate cancer? **Yes / No**
7. Have you ever been told you have an elevated PSA (a blood test to screen for prostate cancer)? **Yes / No**
8. Have you ever been told you have a prostate nodule felt on a prostate exam? **Yes / No**
9. Have you ever been diagnosed with heart, liver, or kidney disease/dysfunction? **Yes / No**  
If yes, what is the diagnosis? \_\_\_\_\_

It is important to note that there are risks involved with the treatment of any medical disease which includes treatment of hypogonadism (low testosterone). Please take a moment to review some of the possible complications related to testosterone therapy. The following paragraph does **NOT** cover **ALL** risks, side effects, or complications that can occur with testosterone replacement.

Testosterone is a steroid hormone and acts on many parts of the body. It should not be used if you have a history of breast cancer or suspicions for prostate cancer. You may be at risk for worsening urinary symptoms related to BPH, or enlargement of the prostate while on replacement. Testosterone therapy can cause polycythemia, or thickening of the blood which is detectable on routine lab work. It also can impair fertility making future pregnancies difficult to achieve. Men with heart, liver, or kidney disease or dysfunction are at an increased risk of edema (fluid retention) with testosterone replacement. Other uncommon side effects include worsening acne, sleep apnea, and breast enlargement. Finally, there may be an increased risk of cardiovascular disease, heart attacks, coronary artery disease, clot formation, stroke, and death related to these medical issues compared to men who have not had testosterone replacement therapy. Having understood these risks mentioned above, many men proceed with testosterone replacement therapy due to the improvement in both their symptoms and overall quality of life from their treatment.

Patient signature: \_\_\_\_\_

Date: \_\_\_\_\_